

Season 2019/20 Training Calendar

Fremont YSC

Month/Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
July	TP to 2004													Week 1						Week 2											
	2003 +													Week 1						Week 2											
August	TP to 2004						Week 3					Week 4					Week 5					Week 6									
	2003 +						Week 3					Week 4					Week 5					Week 6									
September	TP to 2004					Week 7				Week 8				Week 9				Week 10													
	2003 +					Week 7				Week 8				Week 9				Week 10													
October	TP to 2004	Week 11					Week 12					Week 13					Week 14					Week 15									
	2003 +	Week 11					Week 12					Week 13					Week 14					Week 15									
November	TP to 2004					Week 16				Week 17				Week 18				Week 19													
	2003 +					Week 16																									
December	TP to 2004	Week 20					Week 21																								
	2003 +																														
January	TP to 2004						Week 22					Week 23					Week 24					Week 25									
	2003 +																														
February	TP to 2004					Week 26				Week 27				Week 28				Week 29													
	2003 +													Week 28				Week 29													
March	TP to 2004					Week 30				Week 31				Week 32				Week 33													
	2003 +					Week 30				Week 31				Week 32				Week 33													
April	TP to 2004	Week 34					Week 35					Week 36					Week 37					Week 38									
	2003 +	Week 34					Week 35					Week 36					Week 37					Week 38									
May	TP to 2004					Week 39				Week 40				Week 41				Week 42													
	2003 +					Week 39				Week 40				Week 41				Week 42													
June	TP to 2004	Week 43						Week 44																							
	2003 +	Week 43						Week 44																							

TP to 2005 44 Training Weeks
 2004 + 33 Training Weeks

